



California Subject Examinations for Teachers®

TEST GUIDE

HOME ECONOMICS General Examination Information

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CS-TG-HOECGI-03

Test Structure for CSET: Home Economics

CSET: Home Economics consists of three separate subtests, each composed of both multiple-choice and constructed-response questions. Each subtest is scored separately.

The structure of the examination is shown in the table below.

CSET: Home Economics			
Subtest	Domains	Number of Multiple-Choice Questions	Number of Constructed-Response Questions
I	Personal, Family, and Child Development	40	1 extended
	Subtest Total	40	1 extended
II	Nutrition, Foods, and Hospitality	40	2 short (focused)
	Subtest Total	40	2 short (focused)
III	Fashion and Textiles	12	1 short (focused)
	Housing and Interior Design	12	1 short (focused)
	Consumer Education	16	2 short (focused)
	Subtest Total	40	4 short (focused)

Annotated List of Resources for CSET: Home Economics

This list identifies some resources that may help candidates prepare to take CSET: Home Economics. While not a substitute for coursework or other types of teacher preparation, these resources may enhance a candidate's knowledge of the content covered on the examination. The references listed are not intended to represent a comprehensive listing of all potential resources. Candidates are not expected to read all of the materials listed below, and passage of the examination will not require familiarity with these specific resources. A brief summary is provided for each reference cited. Resources are organized alphabetically and by content domain order in subtest order.

Personal, Family, and Child Development

Berk, Laura E. (2004). *Infants, Children, and Adolescents* (5th edition). Boston, MA: Allen & Bacon.

The author gives a thorough and adequate introduction to child development.

Cherlin, Andrew J. (2002). *Public and Private Families: An Introduction*. New York, NY: McGraw Hill Higher Education.

The author examines historical and contemporary family structures, as well as current issues facing American families.

Decker, Celia A. (2004). *Children: The Early Years*. Tinley Park, IL: Goodheart-Willcox Publisher.

The book discusses modern families, family planning, pregnancy, parenting, and early childhood development.

DeGenova, Mary, and Rice, F. P. (2002). *Intimate Relationships: Marriages and Families*. New York, NY: McGraw Hill Higher Education.

The authors examine relationships and issues between individuals, spouses, and family.

Harter, Marjorie B., and Ryder, Verdene. (2004). *Contemporary Living*. Tinley Park, IL: Goodheart-Willcox Publisher.

This text focuses on contemporary issues young adults face today.

Jackson, Lee. (2002). *Careers in Focus*. Tinley Park, IL: Goodheart-Willcox Publisher.

This is an excellent resource that discusses career pathways in the field of home economics.

Nutrition, Foods, and Hospitality

Brown, Amy C. (2004). *Understanding Food: Principles and Preparation*. Belmont, CA: Wadsworth Publishing.

This is a high-quality, comprehensive introduction to food science and food service.

Bence, Deborah, and Largen, Velda. (2002). *Guide to Good Food*. Tinley Park, IL: Goodheart-Willcox Publisher.

This text focuses on nutrition and health, food management and preparation, and food and culture.

Jackson, Lee. (2002). *Careers in Focus*. Tinley Park, IL: Goodheart-Willcox Publisher.

This is an excellent resource that discusses career pathways in the field of home economics.

McWilliams, Margaret. (2004). *Fundamentals of Meal Management* (4th edition). Fullerton, CA: Prentice Hall.

This book gives an introduction to planning, buying, and preparing safe and healthy meals.

Sizer, F., and Whitney, E. (2003). *Nutrition Concepts and Controversies* (9th edition). Belmont, CA: Thomson Learning.

This is an introduction to the biological aspects of nutrition, principles, and applications.

Ward, Janet, and Ward, Larry. (2001). *Principles of Food Science*. Tinley Park, IL: Goodheart-Willcox Publisher.

The authors provide a lab-oriented text exploring the connections between food and science.

Fashion and Textiles

Jackson, Lee. (2002). *Careers in Focus*. Tinley Park, IL: Goodheart-Willcox Publisher.

This is an excellent resource that discusses career pathways in the field of home economics.

Jefferys, Chris. (2003). *The Complete Book of Sewing: A Practical Step-by-Step Guide to Every Technique*. New York, NY: DK Publishing, Inc.

This detailed resource gives sewing techniques and clothing construction methods.

Liddell, Louise, and Samuels, Carolee. (2004). *Clothes and Your Appearance*. Tinley Park, IL: Goodheart-Willcox Publisher.

The authors provide an introduction to clothing selection, fabrics, sewing techniques, and careers in the textile and apparel industry.

Marshall, Suzanne G., et al. (2003). *Individuality in Clothing Selection and Personal Appearance: A Guide for the Consumer*. Upper Saddle River, NJ: Prentice Hall.

This text takes a multidisciplinary approach to the study of individual and family clothing selection.

Weber, Jeanette. (2003). *Clothing: Fashion, Fabrics, and Construction*. New York, NY: Glencoe McGraw Hill.

This book is an introduction to fashion history, the apparel industry, design, clothing selection, fabrics and care, and all related careers.

Wolfe, Mary G. (2002). *Fashion!* Tinley Park, IL: Goodheart-Willcox Publisher.

Introduces the elements and principles of apparel design, consumer selections, the apparel industry, and related careers.

Housing and Interior Design

Jackson, Lee. (2002). *Careers in Focus*. Tinley Park, IL: Goodheart-Willcox Publisher.

This is an excellent resource that discusses career pathways in the field of home economics.

Kilmer, W., and Kilmer, R. (1994). *Designing Interiors*. Belmont, CA: Wadsworth Publishing.

This text covers interior design theory, history, space planning, and material management.

Lewis, Evelyn, and Turner, Carolyn. (2003). *Housing Decisions*. Tinley Park, IL: Goodheart-Willcox Publisher.

The authors discuss the criteria used in selecting housing and materials, interior design, and related career opportunities.

Nielson, Karla, and Taylor, David. (2002). *Interiors: An Introduction*. Burr Ridge, IL: McGraw Hill Higher Education.

This introduction covers elements and principles of interior design, including style and materials.

Pile, John F. (2003). *Interior Design*. Upper Saddle River, NJ: Prentice Hall.

This text is a survey of interior design and contemporary issues within the field.

Sherwood, Ruth F. (2001). *Homes: Today and Tomorrow*. New York, NY: Glencoe McGraw Hill.

This is an introduction to architectural and interior design, housing decisions and construction, space planning, and design problems and solutions.

Consumer Education

Frasca, R. J., and Winger, B. J. (2003). *Personal Finance* (6th edition). Upper Saddle River, NJ: Prentice Hall.

This book discusses how to successfully manage personal finances and investments.

Garman, E. T. (2003). *Consumer Economic Issues in America*. Houston, TX: Thomson Learning and Dame Publishing.

This text is an introduction to contemporary consumer economic issues.

Goldsmith, Elizabeth. (2000). *Resource Management for Individuals and Families* (2nd edition). Belmont, CA: Wadsworth Publishing.

This is a comprehensive basic introduction to resource management.

Jackson, Lee. (2002). *Careers in Focus*. Tinley Park, IL: Goodheart-Willcox Publisher.

This is an excellent resource that discusses career pathways in the field of home economics.

Kapoor, Jack; Dlabay, Les; and Hughes, Robert. (2003). *Personal Finance* (7th edition). Burr Ridge, IL: McGraw Hill Higher Education.

This text is an excellent introduction to personal finances and financial planning.

Miller, Roger, and Stafford, Alan. (2001). *Economic Issues for Consumers*. Belmont, CA: Wadsworth Publishing.

The authors give an introduction to current economic issues affecting consumers today.